Coniston and Crake Valley News



September 2026 www.conistonandcrakechurches.co.uk

LADAS LOWICK SHOW

the Lowick 'L'al Royal Show'

Saturday 5th September 2026

gates open 8:30am

Adults £8 | Under 16's £3 | Under 5's FREE | Car Park FREE

For over 150 years the communities along and around the Crake Valley have celebrated annually, in the display and competition of the fruits of their labour.

Join us to experience traditional Cumbrian pursuits alongside classes for livestock, horses & home produce. Also enjoy local crafts, entertainment and fun for all the family!

Enter on the day...Novelty Dogs/Children's Races/Cumberland Wrestling
On the Field...Refreshment Tent/Trade Stands/Local Crafts Tent/
Beer Tent- open throughout the day and into the evening



Illustrations by the very talented Penny Foxon

Hosting the 12st Cumberland Wrestling World Championship



Competitors from all over the world come to show their skill and conquer over all!
Other weight/age classes will also feature with cash prizes for the winners!
visit www.lowickshow.co.uk to find out more.

SAT NAV LA12 8EE

The Coniston and Crake Valley Benefice

"To Grow, Witness and Love Like Jesus"

Serving the parishes of Colton, Coniston and Torver, Egton cum Newland and Lowick with Blawith

Revd Brian Streeter The Vicarage, Penny Bridge. LA12 7RQ	vicar@conistonandcrakechurches.co.uk *Brian works for Filling Station on Thursday* *Brian's rest day is Friday*	01229 861668 07505 048736
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Churches in Coniston and the Crake Valley

To contact any of the Churchwardens, pastoral team, retired clergy or lay ministers please call or email the Administrator.

St Andrew's Church, Coniston LA21 8EN
St Luke's Church, Torver LA21 8AZ
St Luke's Church, Lowick LA12 8EE
Holy Trinity Church, Colton LA12 8HF
Church of St Mary the Virgin, Penny Bridge LA12 7RQ

Tottlebank Baptist Church, Colton LA12 8HY

Welcomes you to our Sunday services from 10.30 to 11.30am followed by refreshments, and midweek prayer meetings on Wednesdays at 7.30pm. The church building is usually open daily 10am – 4pm for visitors and for private prayer. For further information contact Chris and Margaret Hamps, **hampsc@outlook.com**

Coniston Methodist Church, Coniston LA21 8ER

The Sunday morning service is at 11.00am and a warm welcome awaits you.
For further information contact Joyce Holland on **015394 41594**.

St Francis of Assisi Church of the Sacred Heart, Coniston LA21 8AW

Mass is held on Thursdays at 10am and Saturdays at 5.00pm.
For further information contact Father Matthew Jacob on **01229 779673**.

Cover: Rusland Show 2026 Cake Judging!

Church Services for September 2026

6th	**Fourteenth Sunday after Trinity**		
St Luke, Torver	9.00am	**Biker Breakfast**	Rev Brian Streeter
St. Luke, Lowick	9.30am	**Holy Communion**	Rev David Bickersteth
St. Mary Penny Bridge	11.00am	**Holy Communion**	Rev Brian Streeter
Coniston Methodist	11.00am	**Morning Worship**	Karen Edmondson
13th	**Fifteenth Sunday after Trinity**		
Holy Trinity Colton	10.00am	**Holy Communion**	Rev David Bickersteth
St. Andrew Coniston	11.00am	**Holy Communion by Extension**	Pamela Hull
St. Mary Penny Bridge	11.00am	**Holy Communion**	Rev Harry Welch
Coniston Methodist	11.00am	**Morning Worship**	Andrew Lockley
20th	**Sixteenth Sunday after Trinity**		
St. Luke, Torver	9.00am	**Holy Communion (Harvest Service)**	Rev Brian Streeter
St. Luke, Lowick	10.30am	**All Age Service (Harvest Service)**	Pam Priestley
St. Mary Penny Bridge	11.00am	**Holy Communion (Harvest Service)**	Rev Brian Streeter
Coniston Methodist	11.00am	**Morning Worship**	John Hutchinson
27th	**Seventeenth Sunday after Trinity**		
Holy Trinity Colton	10.00am	**Holy Communion**	Rev Brian Streeter
St. Andrew Coniston	11.00am	**Christians Together in Coniston at Coniston Methodist Church (Harvest Service)**	
St. Luke, Torver	7.00pm	**Torver Junction**	Rev Brian Streeter

Tottlebank Baptist Church - **Week of Prayer** - **20th-26th September 2026** - Tottlebank Baptist Church will be open for prayer, with various "prayer stations" (topics for prayer and information to guide prayers) set up around the church and school room. All are welcome to call in during the week and use these resources.

Saturday Special - **Saturday 26th September 2026** - 10.30-12.30pm - a journey through the bible led by Richard Henry. We have reached Exodus chapter 7 - Pharaoh in the purposes of God. ***All welcome***

Tottlebank Baptist Church

You are warmly invited to join us on Sunday mornings at 10.30am

Sunday Services are shared via Zoom for those unable to attend.

Refreshments are served in the School Room after the service.

	Tottlebank Baptist Church - SUNDAY SERVICES - SEPTEMBER 2026	
6th Sun	**10.30 am in the Church & Zoom Communion.**	**Richard Henry**
13th Sun	**10.30 am in the Church & Zoom**	**Richard Henry**
20th Sun	**10.30 am in the School Room & Zoom**	***TBC***
27th Sun	**10.30 am in the Church & Zoom**	***TBC***

Pastoral Letter - Rev^{d} Harry Welch

Dear Friends,

I confess to having more than a passing interest in politics, both here in the UK and in the USA. Both governments have been in a state of upheaval with the UK repeatedly changing leader and the USA having a unique presence in the Oval Office in Donald Trump; such is the fruit of democracy.

In conversation, I bemoan the fact that there seems to be a dearth of statesmen and women in politics today. By this I mean seasoned politicians with the experience and expertise to influence and guide through important decisions for the good of the country; decisions that would enhance the common good, not just the ego or pockets of the few.

As a Christian I pray for our country and its politicians. I also take as a guide the Anglican Prayer Diary which widens the scope of prayer to include anywhere there is an Anglican Christian presence in the world. This Prayer Diary is published on our diocesan website and is available to consult or download for private use. I often look up those mentioned to see if I can find out something specific to pray over. Recently I looked up the Anglican Church of Melanesia website. They too have experienced political change and turmoil. The Bishop, The Rt Rev Leonard Dawea, called upon the clergy and all Christians to 'rise up'. This not in armed conflict but in spiritual growth and maturity and he gave some goals for the believers to aim for as follows:

"We ought to rise:

From	Hatred	to	Love
	Division	to	Unity
	Corruption	to	Integrity
	Selfishness	to	Service
	Fear	to	Faith
	Complacency	to	Renewed Discipleship

This would be good starting point for any Christian wishing to pray for politicians, for such qualities, nurtured in the heart, will produce maturity and wisdom.

But this is not a journey just for politicians: every Christian should 'rise up' where, anywhere in their Christian life they, under self-assessment, find themselves harbouring more of the traits in the left-hand column than the right.

Let us pray for all politicians, and for ourselves as we rely on God to guide us through these unusual times. Even so, come Lord Jesus.

In Him, *Harry*.

Spark Bridge Village Hall Fundraising Duck Race

A really big thank you to everyone who attended the annual Duck Race on the **9th August.**

The threat of showers didn't put you off, and we managed to raise a grand total of £1435.21. This is our most important fundraising event of the year, and it goes a long way to keeping our lovely village hall open for the community.

The lucky winning tickets were:

1st - 85

2nd - 537

3rd - 92

We would also like to extend a special thanks to those people who aren't on the committee, but helped us throughout the day. We really appreciate your hard work.

See you all next year!

Around the Parishes: Colton

Colton Parish Council News September 2026

It was great to meet so many people at Rusland Show. We really appreciate all your comments and feedback.

A few common issues continue to come up; concerns about the state of local roads, potholes, verges, litter and inconsiderate parking in popular tourist places.

As always, Colton Parish Council is working with partners, including the Westmorland & Furness Council's Highways Department and our local community policy officer to ensure that local problems are brought to the attention of the appropriate authorities. We also work closely with Councillor Suzanne Pender to help her put our concerns on Westmorland & Furness Council's agenda.

There are some things we can all do to help:

- You can report problems on local roads here:
  https://www.westmorlandandfurness.gov.uk/parking-streets-and-transport/streets-roads-and-pavements
- For issues on lanes and minor roads in the Colton Parish area you can email us on clerk@coltonparishcouncil.gov.uk and we will assess if the Parish Lengthsman can tackle the problem. If not, we'll refer it to Westmorland & Furness Council.

When it comes to verges, both Highways and the Parish Council take the same view; safety is the priority, so where overgrown verges are a potential hazard, or causing other problems, they will be cut back, but if this is not the case, they will be managed to support wildlife and biodiversity. Sometimes this involves cutting back the growth closest to the road but leaving a strip uncut. This means they might look 'untidy' to human eyes, but they are playing an essential part in boosting nature recovery.

Please note, highways are only responsible for overhanging trees growing on the verges themselves, but if the tress or hedges are growing from an adjacent field or garden, they are the responsibility of the landowner. You can report them, but we have limited powers to do anything. If you are a landowner, please monitor trees and hedges on your property that may be affecting road users and arrange to have them cut back.

Emergency Planning

Colton Parish Council is working across the patch to help build community resilience in case of emergency. Whether we're faced with weather events, power cuts, fire, health or environmental crises, the same principles apply:

When there is an immediate risk to life, or a crime is taking place, call the emergency services on 999 first.

For all other scenarios, do your best to be prepared in advance. Over the coming months we will be delivering an emergency planning leaflet to help you do this.

Key points include:

Prepare your family by making sure you all have all the contact numbers you need; make a plan for getting everyone out of your home safely if needed; gather essentials including phone charging packs and medications and consider keeping them stored in a bag in case you need to evacuate in a hurry; keep your important documents stored in a safe place that is easy to access, in or close to your grab bag.

If anyone in your household has a long-term health condition or disability, is a young child or over the state pension age, register on the Priority Services register with the utility suppliers see https://www.thepsr.co.uk/

Join your local community WhatsApp group to keep up to date with communications. If there isn't one, consider setting a group up. The Parish Council can help you find out about your local group and who your 'Community Champion' is or we can help you get started. Please get in touch.

We'd also love to hear from anyone interested in being a *Community Champion*. Email us clerk@coltonparishcouncil.gov.uk

Next meetings

To find out more about the work we do or raise an issue in person come along to one of our meetings:

- **7pm Monday 7th September** at Fins thwaite & Lakeside Village Hall
- **7pm Monday 5th October** at Rusland Reading Room

For meeting papers see https://www.coltonparishcouncil.gov.uk/the-council/minutes-agendas/

See https://www.coltonparishcouncil.gov.uk/ for other information, including how to follow us on Facebook or Instagram

Bouth Village Hall Coffee Mornings 2026

Filter Coffee or Tea with Biscuits: £2.00 Donation

10:30-12:30

An event for residents and non-residents alike

***Third* Wednesday of the Month:**

16th September

21st October 18th November

16th December (Christmas Special 10:30-13:30)

(Holiday months July and August)

4tunes Returns!

Bouth Village Hall are pleased announce that 4tunes will be returning for another music night on the evening of **Saturday 12th September**.

This is a ticketed event, £10 per person, if you are interested please contact *Kevin Smith* **07745 117406**

(Payment can be made with cash or via BACS before the event)

https://www.4tunescumbria.co.uk/

Coniston & Torver

Rainfall, Garden House, Coniston - July 2026

Total - 74.1mm (2.9ins)

Wet days - 9

More than 1mm on 6 days

Wettest day - 1st - 28.5mm (1.1ins)

4th driest July on record.

Dedicated to Les Grisedale who took the rainfall readings for many, many years. RIP

Coniston Parish Council

If you are searching for information relating to the work of Coniston Parish Council, you might want to start at the Council website www.coniston.info. However, on a day-to-day basis much of the Parish Council's work and general information regarding *community events, emergency planning, road closures* etc. is posted on Facebook at Coniston Parish Council, if you don't already do so, follow us to be kept better informed.

You probably already know one or more of your parish councillors, however, if you want to contact them in their capacity as parish councillor you can do so by email at the contact details listed below:

- *Tracy Coward*, Chair — tracy.coward@coniston.info
- *James Buller*, Vice Chair — james.buller@coniston.info
- *Robert McCracken* — robert.mccracken@coniston.info
- *Derek Adams* — derek.adams@coniston.info
- *Lian Dixon* — lian.dixon@coniston.info
- *Libby Lea* — libby.lea@coniston.info
- *James Butcher* — james.butcher@coniston.info

If your query is more general you might want to contact *Michael Dearnley*, the Parish Clerk, he can be contacted at: parish@coniston.info or by telephone **01539 441 442**.

Torver Parish Council

It may seem a little strange for Torver Parish Council to be thinking about the problems of flooding during an extended period of drought to rival the infamous summer of 1976. However, the rains will surely return and once again we will look up to the High Common and wonder just how much water is heading our way. In recent

years there has been a suspicion that the flow down from Wide Close has been increasing during very heavy rainfall, resulting in the risk of flooding in the village centre. The parish council have carried out surveys and assessments of the many paths that water finds its way down through the village, and now we also have a remote camera installed to provide live video information from up on the fell. Before the winter, we also hope to have a village rain-gauge to provide local rainfall information which can then be viewed on our parish council website.

At our next public meeting Torver Parish Council will be deciding on expenditure which would benefit our village the most. There have been suggestions of a speed indicator sign, repair or replacement of the noticeboard, water testing of the beck, bus shelter window repairs, hedgehog signs and many more ideas. We very much welcome suggestions from parishioners about what their priorities are and how they would like community funds to be spent.

You can email clerk@torverparishcouncil.gov.uk and we look forward to seeing you at our next meeting on **17th September** at 7.30 in the Schoolroom.

Coniston Surgery

The Coniston Patient Group met to review the first month of the new surgery arrangement as a satellite to Central Lakes Medical Group (CLMG) based in Ambleside, within Cumbria Health a social enterprise company.

In general the transition seems to have gone smoothly with only a few hiccups although some patients have had difficulty accessing the surgery by phone for repeat prescriptions. Andy Woodward, the practice manager for the combined practice confirmed that Dr Anna Maughan has been at the surgery Monday and Tuesday and Advanced Clinical Practitioner Helen Tirvengardum on Friday. He also confirmed that all the current patients records have now been transferred to the Ambleside system, which will simplify the booking of appointments etc.

One issue was the taking of blood samples which cannot be done routinely at the surgery as there is only one examination room, so options are offered elsewhere within the group. They can be done if necessary on a full appointment, but that is not ideal as it uses up appointments. There is ongoing work on confirming a replacement surgery which would solve the blood test problem and we will update as soon as possible.

The CLMG catchment area has been extended to include Coniston and discussions with the NHS have now also included Torver in the catchment area. Patients in Torver should apply to register via Ambleside.

One of the advantages of being linked to Ambleside is that we will benefit from additional expertise:

- A wider clinical team including GPs ACP, roaming paramedics, care coordinators, and GP's with special interests
- Additional appointments on other sites when Coniston is closed
- Continuity of care with multidisciplinary Team

Contacts *Rob Gee* CPG robgee6@gmail.com

Coniston Co-Op

The AGM was held on the **4th August** and a new Committee appointed.

The Committee would like to thank the previous Committee members: Phil Davies, Jean Johnson, Jan and Chas Sargeant all of whom have now all stood down after

serving the Co-Op and the local community for several years.

The new Committee is made up of James Butcher, Charlotte Crisp, Tracy Coward (Chair), Lian Dixon, and Michael Dearnley. If any other local people would like to join the Committee they would be most welcome, please contact any of the Committee members for an informal chat.

Now that a handover has taken place it is clear that there are challenges ahead, and that the 'hard work starts now'. Transparency and communication are key to keeping the local community briefed as to what is being proposed and the reasoning behind it. We look forward to your support.

Remember to follow us on Facebook (Coniston Coop) for the most up-to-date information on what's happening.

Bus Walk

Wednesday 9th September. Bus walk. 09.30 X12 Blue Works from the Coniston Central Bus Shelter to Greenodd for the King Charles III coastal path to the Bay Horse Inn at Canal Foot Ulverston and/or Conishead Priory. Refreshments are available at both. There are useful picnic tables if it is fine at Canal Foot. Led by Geoff Cooper (**07563 255564**, geoffcooper548@btinternet.com). Everyone welcome. Just turn up. Back by mid afternoon (at 15.30 in Coniston). You can also join the X12 at Haws Bank, Torver, Lowick or Spark Bridge. For further information contact Geoff or Robert (**07514 480875**, roberthenrymccracken@outlook.com) ***Use it or Lose it***.

Egton cum Newland

Egton with Newland, Mansriggs and Osmotherley Parish Council

The date of the next Egton with Newland, Mansriggs and Osmotherley Parish Council meeting is **Tuesday 1st September 2026**, 7pm, at Greenodd Village Hall.

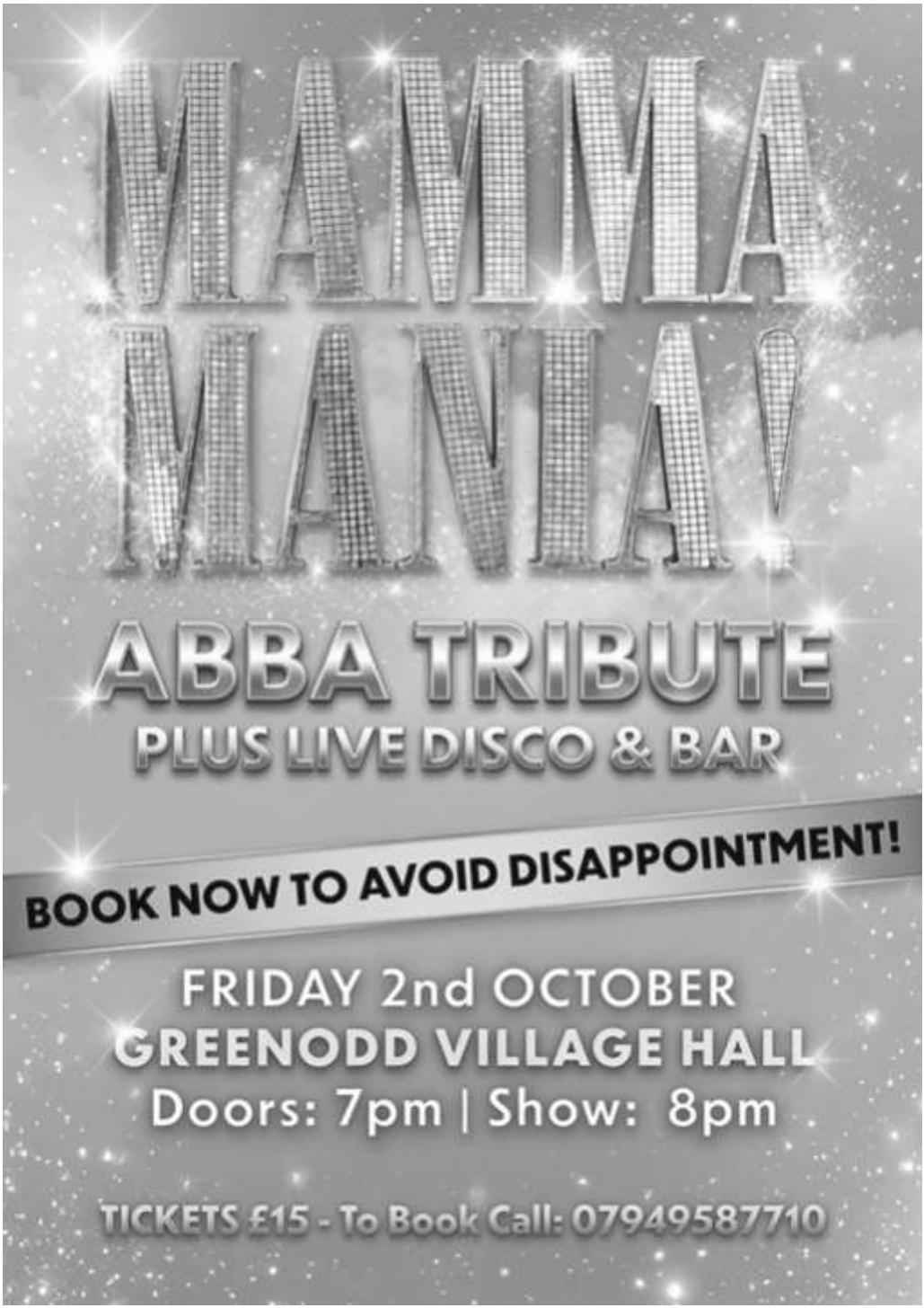


Macmillan Coffee Morning
Greenodd Village Hall

Saturday 26th September

10:00am – 12 (noon)
Cakes Raffle Usual Stalls
Admission £2 for Coffee and
Homemade Biscuits

Please support this worthy cause
(Offers of help or raffle prizes etc., contact
Jean Lancaster: 01229 861026)


MAMMA MIA!
ABBA TRIBUTE
PLUS LIVE DISCO & BAR
BOOK NOW TO AVOID DISAPPOINTMENT!
FRIDAY 2nd OCTOBER
GREENODD VILLAGE HALL
Doors: 7pm | Show: 8pm
TICKETS £15 - To Book Call: 07949587710

Reports

Oxen Park Cinema Club - NEWS

The new season begins with Neurenburg on **1st September** and as we go to press there are still a few seats left.

Go to the website - www.oxenparkcinemaclub.org.uk and check in. Remember if you are a member then you save on every seat you book.

Membership is only £10 for the year starting on **1st September** so if you were a member last year then ***you need to rejoin*** - no standing orders or direct debit any more. WE are looking forward to seeing you again or if you have never been then why not make this year the time to give it a go. You will be impressed by what you come to.

Mother's Union Report

August saw Coniston Members celebrating 150 years since the formation of the Mother's Union. **August 9th** is known as Mary Sumner Day, the date of the first meeting held in Mary's home, the vicarage, in Old Arlesford in Hampshire.

Just after 7am MU was mentioned on Radio 4 with interviews by present members at their conference in London.

At 8.15am the morning service on Radio 4 came from Mary Sumner House (Headquaters) in London explaining the aims and work done abroad and visited the church and vicarage in Old Arlesford.

Members then joined others in South Cumbria for a Choral Evensong celebration at Cartmel Priory. Besides the choir, members took part with an introduction, reading and prayers. Refreshments and plenty of conversation followed.

Their next meeting is a trip to Piel Island on **September 24th**, ***weather permitting!***

All welcome, contact *Kay* **015394 41559**

Egton WI

We have a month free of meetings in August but we were still busy hosting one of the regular dances in our village hall last Friday, thanks to Chris who organised it on our behalf. The committee provided the refreshments which were much appreciated and a big thank you to all the dancers who joined us for the event. Thanks to their generosity's I can report that we made a profit of £529.95 which will go to the Admiral nurses fund at St. Mary's Hospice. Our only other news for this month's report is that our planned speaker for our September meeting has had to pull out but we are very grateful to Jo Dix from The Silver Forge at Milnthorpe who is going to give us a talk entitled "A day in the life of a jeweller." That sounds very interesting, so if any of you ladies out there fancy giving our WI a try I can assure you that you will be made most welcome.

For further information call **07519144799**

Coniston WI

Coniston WI would like to invite you to a talk on wildlife on **the third Tuesday of September** in the Reading room at 7.30. In **October** we are Kurling. We go walking each month, craft each week and swim in the lake. We have outings to the theatre, go out for a meal or a day out. Meet new people, make new friends and have fun.

Everyone is welcome.

Girlguiding

Girlguiding is starting a new term. There are Units of Rainbows, Brownies, Guides and Rangers in our area, as well as a Young Leader programme, for those girls aged 14-18 who would like to help at a Unit. We would like to invite potential new members, from age 4 years to visit our website where it will bring up your nearest Unit. When you apply to www.girlguiding.org.uk someone local will be in touch. Fun, friendship and adventure await.

The Girlguiding Shoebox Appeal

The Girlguiding Shoebox Appeal will soon be here. If you would like to donate to help with the transport you can do it via BACS. For First Hawkshead Brownies, Barclays Bank - Sort 20-45-28. Account no 03459527. We need volunteers to make up 1200 pencil cases on **13 November** from 2pm. On the **16th** we meet at 1pm - 8pm and on **Tuesday** / **Wednesday** and **Thursday** we meet at 11am - 5pm. We need volunteers to pack, check and make up boxes. Drinks and cakes are provided, please bring a sandwich if you come over lunch. If you would like to email me for any details jandzmyers@gmail.com. We meet at Park House, Main Street, Hawkshead and have free parking, just come to the building and we will tell you where.

BRANTWOOD NEWS AND VIEWS

Our two Summer exhibitions continue. In the Blue Gallery: **Treasures of the Earth: The Mineral World of John Ruskin.** In partnership with The Ruskin, Lancaster University – on display until **25th October 2026**. In the Severn Studio there is still time to catch **'I Turned and Looked'**: Conversations between Music & Photography by Music & Being. I Turned and Looked is a music and photography installation created by the interdisciplinary group, Music & Being (Jess Dandy, contralto & Brantwood artist-in-residence; Debbie Green, movement artist; Alex Mills, composer; Clare Park, photographer; Dylan Perez, pianist; Bobby Williams, sound engineer). This will be followed later in September by **Brantwood in Bloom**, an exhibition celebrating the development of Brantwood gardens over the years.

Biofluorescent Night Walks **Sunday 13th September 2026** 6.30pm-8.00pm & 8.30pm-10.00pm. Join us for an extraordinary adventure as we explore the world of biofluorescence! Biofluorescence is a unique phenomenon where certain organisms emit light in different colours than the ones they absorb, and we will embark on a guided walk to discover this captivating natural phenomenon up close. Tickets £10.00 (includes glass of wine on arrival).

Historical artefacts taken north by Western explorers**.** Talk by Eugene Rae, Principal Librarian of the Royal Geographical Society. Join us for a talk which will share insights into several rare and unusual artefacts from the Society's celebrated Polar collection, including Ship's biscuit and trade goods from James Ross' search for Sir John Franklin, 1848; Oil stove from Robert Peary's North Pole expedition, 1909; Phyllis Wager's boots from the British East Greenland Expedition, 1935–1936. Eugene Rae will share the fascinating stories of how the everyday artefacts of exploration become almost iconic through their association with significant events in the history of Western exploration. Tickets £10.00 to non-members (includes glass of wine on arrival). Doors open at 6.30pm

For full details of all our exhibitions, events and bookings, please visit our website www.brantwood.org.uk. Contact enquiries@brantwood.org.uk or call **015394 41396**.

Rookhow

HERITAGE OPEN DAY at Rookhow Quaker Meeting House, Rusland Valley, LA12 8LA on **Friday 18th September** 10am-4pm. Come and find out more about the history of early Quakers in the area, wander in the beautiful temperate forest of Quakers' Wood and find out about Rookhow's work today. There will be a Quaker Meeting 12.30-1pm. Please book so we know how many cakes to make!

Email: *Sue Nicholls*, Rookhow Development Manager info@rookhow.org.uk

Tel. **07377 971783**

***MEET A TREE DAY*, Thursday 24th September**: 10am-4pm

Booking is now open for an immersive day in Quakers' Wood in September with Gareth Thomas from Woodmatters. The day will leave you with a deepened understanding and sense of wonder at the trees we all pass every day and don't often acknowledge for how special they are. Please come dressed for the weather and bring a packed lunch. Suggested donation £40. Quakers and non Quakers welcome. Please book: https://rookhow.org.uk/events

Sue Nicholls, Development Manager Email- info@rookhow.org.uk

Tel 07377 971783

CWT Rusland Local Support Group - Winter Talks 2026/27

We are delighted to offer a program of winter talks from experts on a variety of topics of local interest from ancient routeways to curlew conservation. The first two talks are listed below.

All talks will be at ***Oxen Park Reading Room***, 6.30pm for refreshment before 7pm start. Entry £5 (cash please) on the door but ***please book*** through our email address: RuslandLSG@cumbriawildlifetrust.org.uk

The entry fee includes tea/coffee/biscuit served at 6.30pm before the talk at 7pm. Contributions will be made to the relevant charities. Please join us!

- **Thursday 1st October - *"The High Road to Dalton: Tracing the ancient route across the Furness peninsula".*** Local historians Suzanne Tiplady & Kevin Baverstock
- **Tuesday 24th November - *"Conserving Curlews - a tale of dedication and hope".*** Susannah Bleakley from Curlew Recovery in South Lakes

The Farmer's Arms Lowick Green / Grizedale Arts

The Farmer's Arms is now available for all kinds of events throughout the week, from country weddings to birthday parties, clubs and any kind of community gathering (funerals and memorials), we can offer full catering and bar services alongside workshops and short courses. The whole site can be booked including camping and rooms, this often works well for weddings offering the welcome evening, the day itself and a brunch on the Sunday.

We are particularly happy to support local clubs and societies, it's a great place to hold talks, workshops or meetings, easily serviced by the bar and kitchen for everything from tea and coffee through to elaborate fine dining.

Cafeteen every Saturday 11-4pm lovely locally sourced menu of brunch type things, alongside great cakes, it's a learning experience so your support is particularly welcome in guiding and encouraging, and we are very pleased to welcome new art teachers Esther Benson and Patricia Phillips supporting workshop and creative elements of the project.

Community Lunch with Rosemary and Brian Every Thursday rain or shine 1pm a charming menu of very well made traditional dishes, main and a pudding with tea and coffee still at a bargain £7 - booking appreciated for groups over 6. It's a great opportunity to chat and catch up with friends and find out what's coming up at the Farmers.

Social Clay Festival returns **18th 19th 20th September** - now in its 5th year, a lively programme of talks, workshops, stalls and food, see website for details, weekend tickets including camping or just drop in on the Saturday.

Ever wanted to learn ***Hedge-Laying*** well now's your chance, we have two sessions running, **Saturday 3rd October** and **Sunday 11th October**.

Pottery classes return in September with new Potter in Residence Kevin Morris, dates to be announced very soon!

Ilse Pedlar ***Poetry Workshops*** are starting in September with a Poetry Reading and Open Mic evening on **Thursday 17th September**, an informal evening of poetry with Pauline Yarwood and Robert Ford talking about how they decided to work together on editing and publishing their pamphlets. And on **Thursday 24th September** a Poetry Writing Workshop, a space to support and encourage you to write your own work. Just bring paper, pen and enthusiasm.

The wonderful ***Celtic Fiddles*** will be playing 2nd Friday of every month alongside our talks and soup. What better excuse would you need to come along for a pizza, a pint and, if you have the chops, joining in with the session, **Friday 9th Oct**, **13th Nov**, **11th Dec**.

Soup talks restart **Thursday 1st September** with a talk from Benton End director Beatrice Prosser-Snelling on the renovation of the gardens as well as the fascinating history of the communities of people drawn there by Cedric Morris. This year the talks programme will be run on Fridays alongside occasional music nights and pizza as well as soup. This is to complement the talks programme of Water Yeat and the programme run at the Nibthwaite Common Barn.

Common Barn run by Nibthwaite Arts initiated its residency programme with Bruno Schooling and Katie Hourigan from October and for 11 months. Bruno and Katie will be running a programme of events and activities alongside their work to fit out the barn.

Akane Nakamori from Kanazawa will be working with us through September developing a project about loss. She is keen to meet up with local people and will be giving a talk about her work as part of Social clay on the **19th Sept**.

Apple pressing **23rd and 24th September** - open to all including wasps, get in touch and we can help you with your harvest too. The South Lakes Orchard Group apple press will be at the Farmers **23rd** from 12am to 7pm and **24th** 10am to 4pm. There is a small charge of 50p per litre to cover our costs and we will have plastic bottles charged for double cost to encourage you to bring your own containers!

At Lawson Park

Open garden every Tuesday from 10am till 4pm book on the website https://www.lawsonpark.org/gardens/ ideal for a discreet visit alongside the gardener's day.

We also offer ***volunteering*** every Tuesday from 9 - 4pm join the garden team for the day to get to know the gardens, house and site. The help is always appreciated and there will be cake (often, and if not, then good biscuits)!

8th Sept Meadow day 10.30-4pm all welcome, a day of working together on all things meadow, how to create, enhance sustain upland meadows with Lawson Park's Head Gardener Karen Guthrie.

Gardeners get Together - Towards a gardener's festival Lawson Park and the Farmer's arms is hosting its first Gardener's get Together **25th to 28th September** amongst the guests are gardeners from many prominent gardens in the UK including Knepp the rewilding pioneers. **25th September *Friday night at the Farmers*** will host an evening with the gardeners including many short talks and presentations.

Dates for your diary

- Bonfire night and bonfire menu **Saturday 7th November**
- Christmas fair all day cafe and stalls, workshops and demos **12th December**
- New Years Eve annual Farmer's Arms party **Thursday 31st January** till 1am
- Burns Night and the 37 Club **23rd January 2027**

We are always open to suggestions and participation so if you want to get involved, have some ideas, or just want to talk through something that has peaked your interest, email us at hello@lakedistrictfarmersarms.com

'Plug-in solar panels - what are they and how could they help cut your energy bills?'

'Plug-in solar panels are set to become one of the simplest ways for households to cut their energy bills - and the government is preparing to make plug-in solar available in UK shops within months.'

'***What are plug-in solar panels – and how do they work?'***

'Plug-in solar panels - also known as plug and play solar or balcony solar - are small solar kits designed to be incredibly easy to use:

- Place them on a balcony, terrace, shed roof or outdoor space
- Connect the plug-in solar inverter into a standard 3 pin socket
- Start generating your own electricity, which you can use instantly to power your home – so you don't need to buy as much electricity from the grid'

'The government has greenlit some changes to wiring regulations, which'll mean that systems under 800W can plug safely into domestic sockets without needing an electrician. This is expected to go live from summer 2026. And retailers such as Lidl are already preparing to bring plug-in solar panels to the UK.'

Find out more:

https://www.britishgas.co.uk/the-source/news/plug-in-solar-panels-explained.html?msockid=1c79c5fe5b596f293e9bd2755a586e64

Parish Prayer Diary September 2026

1st: Pray for this evening's meeting of Colton Parochial Church Council (PCC).

2nd: Hold before our Heavenly Father, our war-torn and troubled world, interceding for peace; for forces of darkness to be subdued and innocent people delivered from fear, harm and poverty as many find their refuge in Jesus.

3rd: Pray for pupils and teaching staff returning to school this week; pray for children anxious about starting at a new school.

4th: Pray for the Agricultural and Horticultural shows taking place this month.

5th: Pray for Rosemary Lynch and Richard Armour as they marry today at St Luke's Church, Lowick.

6th: **Sunday, the first day of the week**

Jesus opened a new and living way into the presence of Almighty God, so let us with pure hearts and steadfast wills worship Him in Spirit and Truth.

7th: Pray for our Government in these complex, difficult times.

8th: Pray for those who help children, young people and adults to read and write.

9th: Pray the Disasters Emergency Committee's 15 UK aid charities can continue to respond rapidly and effectively to crises caused by natural disasters and the impacts of conflict and climate change.

10th: Pray for the suicide prevention organisations, agencies and counsellors dedicated to helping vulnerable people to find new strength and hope.

11th: Pray for Prison Chaplains.

12th: Pray with thankfulness for the harvest season and praise our heavenly Father who faithfully answers our prayer "give us today our daily bread".

13th: **Sunday, the first day of the week**

May the Lord our God, defend His world-wide Church from all false teaching so that His faithful people, knowing His truth and proclaiming Jesus as Lord, may know and enjoy eternal life in Christ's Kingdom today and for ever.

14th: Pray for young adults starting their chosen Apprenticeship.

15th: Pray for Christians in Pakistan forced to keep quiet about their faith as they live under the daily threat of hostility or false imprisonment. Pray especially for Pastors who face brutal violence for simply seeking to protect their communities' Christian places of worship, homes and burial grounds.

16th: Pray for this evening's meeting of Penny Bridge PCC.

17th: Pray for those waiting for hospital treatment or surgery.

18th: Pray for all who work within the waste and recycling industry.

19th: Pray for all participating in Christian Pilgrimage as they travel with spiritual intent to meet with God and pray with focus.

20th: **Sunday, the first day of the week**

May the Lord of creation, whose glory is around and within us: open our eyes to His wonders that we may serve Him with reverence all the days of our lives.

21st: Pray for people living with dementia, and their carers.

22nd: Pray for all who live and work in the communities of Arrad Foot, Mansrigg, Newland, Next Ness and Plumpton.

23rd: During Fairtrade Fortnight pray for farmers and farm-workers worldwide, especially those working in unfair conditions in under-developed countries like Kenya, Ethiopia, and Honduras.

24th: Pray for the Young Farmers Club: its members, leaders and meetings.

25th: Pray for Teaching Assistants making their contribution to the education and support of school children across Cumbria.

26th: Pray for the Macmillan charity bringing the voice of people living with cancer to Parliament to improve care and support at every stage of their experience.

27th: **Sunday, the first day of the week**

Our God has made us for Himself and our hearts are restless till they find their rest in Him; may He pour his love into our hearts and draw us to Himself, bringing us at last to His heavenly city where we shall see Him face to face.

28th: Pray for Christian songwriters proclaiming in word and music the wondrous gospel of the Father's love, the Saviour's grace and the Spirit's power.

29th: Pray wisdom and unity for government officials, industry leaders and cybersecurity experts attending the London Global Cyber Summit to discuss how to protect national infrastructures.

30th: Pray for this evening's meeting of Coniston & Torver PPC.

Visit the Coniston and Crake Valley Churches Website!

- *View past magazines*
- *See 'What's On?'*
- *Learn more about the local churches*

And so much more!

Visit: *https://conistonandcrakechurches.co.uk/*

Coniston &Crake Churches

Please send all articles and events for the October Magazine by September 15th to editor@conistonandcrakechurches.co.uk

LADAS LOWICK SHOW

the Lowick 'L'al Royal Show'

Saturday 5th September 2026

gates open 8:30am

Adults £8 | Under 16's £3 | Under 5's FREE | Car Park FREE

For over 150 years the communities along and around the Crake Valley have celebrated annually, in the display and competition of the fruits of their labour.

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SAT NAV LA12 8EE

From the Registers

St. Andrew's, Coniston, 17th August, Funeral of George Michael Brownlee

St. Andrew's, Coniston, 22nd August, Baptism of Tristan William Wilson, Angus Heath Wilson & Bruce Arthur Wilson

St. Mary's, Penny Bridge, 26th August, Funeral of Frederick Barnes

St. Luke's, Lowick, 5th September, Wedding of Rosemary Susan Lynch & Richard Anthony Armour

St. Andrew's, Coniston, 11h September, Funeral of Alexander George Stewart

Readings for September 2026

6th	Romans 13.8-14	Matthew 18-15-20
13th	Romans 14.1-12	Matthew 18-21-35
20th	2 Corinthians 9.6-15	Luke 12.16-30
	Philippians 1.21-30	Matthew 20.1-16
27th	2 Corinthians 9.6-15	Luke 12.16-30
	Philippians 2.1-13	Matthew 21.23-32

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Regular events

Monday	Knitting and Stitching, 7pm	Greenodd Village Hall
Monday	Short Mat Indoor Bowling, 1 - 3pm, no experience needed	Greenodd Village Hall
Monday	Little Kicks, a football session for 4-6 year olds, 5.30pm	Coniston S & S Centre
2nd & 4th Friday	Tottle-Art: Art Group 10.30am - 12.30	Tottlebank Baptist Church
Tuesday	Coffee and Chat, 9.45 - 10.45am	Greenodd Village Hall
Tuesday	Coniston CAMEO 2 - 4pm	Coniston Institute
Tuesday	Youth Club age 11 & over 7 - 9pm	Coniston S & S Centre
Wednesday	Lowick Parent & Toddler Group 9.30 - 11.30am (term time only) £1.50	Lowick Community Hall
Wednesday	Walking Football, 6.30 - 8pm	Coniston S & S Centre
2nd Wednesday of the month	09.30 Blue Works bus from Coniston Central Bus Shelter. Bus walks from Coniston All welcome. Just turn up or contact: roberthenrymccracken@outlook.com	Coniston Central Bus Shelter
Thursday	Community Lunch, 1pm sharp, £7	Farmers Arms, Lowick
Thursday	"Young at Heart" exercise and lunch, 11am £5 (term time only) or just come for lunch at 12 noon.	Coniston S&S Centre
Thursday	Volunteer Day 9.30 - 3.30pm	Brantwood Gardens
Thursday	Zumba 6.30pm with Valentyna	Coniston Primary School
Thursday	Netball Skills 6.30 - 7.30pm	Coniston S & S Centre
Friday	Junior Cricket	Coniston Cricket Club
2nd Tuesday	Egton WI, 7.30pm	Greenodd Village Hall
2nd Tuesday	Ulverston Repair Café 6.30-8.30pm	Croftlands Community Centre
3rd Tuesday	Coniston WI, 7.30pm,	Coniston Institute
1st Wednesday	Prayer Hour - 10 - 11am	St Mary's, Penny Bridge
3rd Wednesday	Coffee Morning 10.30am - 12.30pm	Bouth Village Hall

What's On Guide - September

1st	Film- Neurenburg - see page 12	Oxen Park Cinema Club
1st	Soup talks - a talk from Benton End director Beatrice Prosser-Snelling - see page 15	The Farmer's Arms
3rd	Coniston Coppermines & Slate Quarries - An illustrated presentation by Mark Hatton - see page 32	Water Yeat Village Hall
5th	Lowick Show - see pages 2 and 19	LA12 8EE (SAT NAV)
8th	Meadow day - see page 16	The Farmer's Arms / Lawson Park
9th	Bus Walk - see page 10	Coniston Central Bus Shelter
12th	4tunes - see page 8	Bouth Village Hall
13th	Biofluorescent Night Walks - see page 13	Brantwood
16th	Bouth Village Hall Coffee Morning - see page 7	Bouth Village Hall
17th	Poetry Workshop - see page 15	The Farmer's Arms
18th	HERITAGE OPEN DAY - see page 14	Rookhow
18th - 20th	Social Clay Festival - see page 15	The Farmer's Arms
19th	Akane Nakamori - a talk about her work as part of Social clay - see page 15	The Farmer's Arms
23rd - 24th	Apple pressing - see page 15	The Farmer's Arms
24th	MEET A TREE DAY - see page 14	Rookhow
24th	Poetry Writing Workshop - see page 15	The Farmer's Arms
25th - 28th	Gardeners get Together (plus 25th September, Friday night, the Farmers will host an evening with the gardeners including many short talks and presentations) - see page 16	The Farmer's Arms / Lawson Park
26th	Macmillan Coffee Morning - see page 10	Greenodd Village Hall
26th	Boo Hewerdine - see page 32	Water Yeat Village Hall

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SAVE THE DATES

SAT 17TH OCT: THE TRUFFLE VALLEY BOYS (ITALY)

SAT 28TH NOV: GRANNY'S ATTIC

SAT 12TH DEC: THE LITTLE ARROW STRING BAND

**********************2027***********************

FRI 26TH MARCH: ANNA MASSIE

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SAT 23RD OCT: EABHAL (SCOTLAND)

SAT 13TH NOV: THE BUDAPEST CAFÉ ORCHESTRA.

JANUARY & FEBRUARY DATES TBC TO INCLUDE: JON DORAN & DAVE GRAY, UVHS SWINGBAND.

WATER YEAT VILLAGE HALL

Presents

Coniston Coppermines & Slate Quarries



An illustrated presentation by Mark Hatton

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This is their story and how it shaped the landscape and community.

Doors at 7pm

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https://e-voice.org.uk/wyvh/future-events/

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Boo Hewerdine

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On this tour he will be singing songs from his new album and his extraordinary back catalogue.

A naturally gifted raconteur his gigs are always a total joy.

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